



Region IV Behavioral Health Board Meeting
October 13, 2016
Room 131, 1720 Westgate Drive, Boise, ID 83704
11:00 AM – 1:00 PM

Presiding Officer: Kim Keys, Co-Chair

Board Attendees: Fred Kesler; Winslow Gerrish; Amanda Leader; Kenneth Widick; Elizabeth Francis; Elt Hasbrouck; Monica Forbes; Jess Wojcik; Jennifer Burlage; Jim Tibbs; Christina Smith; Carlos De Leon; Shelley Retter; Jim Meldrum; Greg Dickerson, Alexis Pickering, Staff

Board Attendees by Phone: Rhea Morrison, Co-Chair

Members of the Public: Bevin Moduah, Optum; Jaime Aanensen, CDHD; Aaron Darpli, Optum; Darren Richman, Ascent; Penelope Hansen, BPD; LaDessa Foster, BPA; Yvette Jackson, ESGW; Vanessa Johnson; Amy Jeppesen, Recovery for Life

Absent: Steve Graci; Austin Reed; Russell Salyards

Time	Agenda Item	Presenter	Notes
11:00-11:15	Welcome and Call To Order; Introductions; Consent Agenda; Approval of Minutes	Kim Keys & Rhea Morrison, Co-Chairs	Meeting called to order at 11:05 am by Kim Keys. Quorum was reached and Jennifer Burlage motioned and Fred Kesler seconded to approve the August minutes. Carlos De Leon motioned and Jennifer Burlage seconded to approve the September minutes.
11:15-11:25	Executive Committee Report (attached for review); <ul style="list-style-type: none"> • Vice Chair Nominations • New Board Appointee • Vacant Position for School Rep • BHB Website Review 	Kim Keys & Rhea Morrison, Co-Chairs	The Executive Committee met with Mechelle Wilson to discuss the progress of the Respite Workgroup. The Board presentation has been tabled until November mainly due to an upcoming meeting scheduled on October 25 th that will include Russ Duke, CDHD and Ross Edmunds, IDHW. Their discussion will determine if the 15% for administrative expenses will be adequate to facilitate the program and if CDHD can support it at the 15% allotment. Michelle's presentation next month will outline the desired model of respite care. Jess Wojcik presented to the State Planning Council BHB with a R4BHB update. Greg Dickerson emailed suggestions and updates for the

			<p>BHB website. These items have been corrected. The EC and CDHD will review the website quarterly to keep information current. Commissioner Hasbrouck expressed concerns that the public needs access to provider resources and suggested that this be available on the website. It was suggested to possibly add a link to 211 which is a statewide referral database to access providers. Kim asked each board member to look at website to bring back their input on what content should be there. Alexis suggested that a survey be conducted to gather this information. The 2016 Gaps and Needs Report is available on the website. The mission statement will be added on the website.</p> <p>Kris Hoffman is elected for the Mental Health Consumer/Advocate and she has tentatively accepted. Kim will meet with her to discuss the position and solidify the appointment. One vacant Board seat still needs to be filled for school representation. Members were encouraged to refer people to the application and apply.</p> <p>The Data workgroup has been put on hold as an analyst is needed. The board was asked to help find an analyst.</p> <p>Kim nominated Brandi Hissong for Vice Chair. Dr. Gerrish seconded the nomination. All were in favor.</p>
11:25-11:35	Division of Behavioral Health Update	Jennifer Burlage	<p>The YES: CMHR Project Plan is now published on the dedicated website, www.yes.idaho.gov. It defines the scope of the project and provides additional detail about the workings of the project.</p> <p>Twenty parents of children/youth with SED from across the 7 regions will be coming to Boise for a meeting October 13 and 14 to learn about the future system of care and their role in it. The expectation is that these parents will form their own groups in their communities to educate one another and support one another and serve as a united voice at meetings on the topic of children's mental health (i.e. Regional Boards Children's Subcommittees, Behavioral Health State</p>

			<p>Planning Council, etc.).</p> <p>Public Hearings have been scheduled:</p> <ul style="list-style-type: none"> • Proposed CMH Rule Changes— October 17, 2016 at 11am (on-site at PTC 3A and by conference call) • Proposed Certification Rule —October 21, 2016 at 11am (on-site at PTC 3A and by conference call) <p>Information on Public Hearings and Draft Dockets are posted on the Mental Health website</p> <p>PEERS Family Support Partner –Training contract with Federation ends October 14. Currently working with CWI to establish community trainings. The target is to have FSP training available through CWI beginning January 2017.</p> <p>Trainings are scheduled for Peer Support Specialist on October 24-25 in Nampa and November 14-18 in Blackfoot.</p> <p>SUD Specialized Safe and Sober Housing –interested in developing a new service level that will provide specialized SSH services for individuals discharging from one of the state hospitals. These co-occurring patients frequently need more supports than is currently offered in Safe and Sober Housing. The RFI was released on September 27, 2016.</p> <p>DBH is in the process of moving the work of Recovery Coach training to Recovery Idaho. The last training session will be in Twin Falls during the month of October. After that, those interested in receiving this training will need to contact Recovery Idaho.</p>
11:35-11:40	Award Presentation	Jennifer Burlage	Regional Advocate Recovery Award was given to Monica Forbes. Jennifer and the Board thanked Monica for all her hard work

11:40-11:55	Youth Behavioral Committee Report	Amy Jeppesen	<p>Last year funding was requested for speaker ICAD. The Gaps and Needs report was presented to their board in order to identify the needs of the community and to create their goals. Family engagement was identified as a topic of concern. A daycare has been opened with a Behavioral Care Specialist hired on. There will be a meeting with Juvenile Justice with the intent to collaborate efforts as they share the same goals. A subcommittee has been created to obtain grants in order to implement trainings for families to be better prepared when a child re-enters the home. A target date has been created to obtain these grants. There is a Family Preparation Service through Juvenile Justice currently in effect. Could we as a Board find a grant to purchase license? It was suggested that CDHD fund the Functional Family Therapy.</p>
11:55-12:15	IIBHN Report	Dr. Winslow Gerrish	<p>The Idaho Integrated Behavioral Health Network (IIBHN) will be the Behavioral Health Board's 'Provider Committee.' The IIBHN started out with group of people working with SHIP (Statewide Healthcare Innovation Plan) along with staff in clinical settings who saw a need for primary care providers to work with behavioral health providers. It is in the very beginning stages. The goal is to develop a professional learning collaborative in behavioral health care setting. Policy, legislation how to work with in system, how to access care. Kim thanked Dr. Gerrish for being Provider representation for the Board</p>
12:25-1:00	Announcements: Next Meeting; Agenda Items; Wrap-up	All	<p>Commissioner Hasbrouck attended a meeting with other commissioners, senators, and leaders that discussed the current and future needs of Idaho. There was a consensus acknowledging the shortage of housing for in-patient beds. Currently the only available options are located more in the southeast region or in jail.</p> <p>Paper Tiger documentary will be presented at The Grove on October 19th. The location was changed due to large attendance.</p> <p>Jess Wojcik asked if there is a current system that</p>

			<p>coordinates opioid prescriptions. Commissioner Hasbrouck informed that there is a lot of work going on to create an effective system as current one is voluntary and not always effective. Jaime Aanensen informed that a grant was awarded to implement this program.</p> <p>The next meeting will be November 10, 2016, at 11:00am Members were asked to submit any agenda items Alexis or Julie</p> <p>Meeting adjourned at 12:30pm</p>
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Next scheduled Board Meeting: November 10, 2016 – 11am-1 pm, Room 131, Region 4 Offices, 1720 Westgate Drive, Boise