



Immunizations

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THE SHOT LINE

School / Sports Physicals

The physicians of the Ada County Medical Association welcome your student athlete to undergo a pre-participation physical this summer on Thursday, August 2, 2007 at Taco Bell Arena. As many of you are already aware, the Idaho High School Athletic Association mandates that any student participating in a school sanctioned sport have a screening physical exam in both 9th and 11th grades. The intent of this pre-participation physical is to assess an athlete's readiness to participate in rigorous physical activity.



In order to assure that no student will be prohibited from participating in school athletics due to lack of access to health care, the Ada County Medical Society has devised a program to provide a comprehensive pre-participation exam to any interested athlete. Physicians from all over Ada County representing virtually every specialty volunteer their time and skills for this event each year. The format of the exam involves rotating the athletes through a series of stations including a Heart and Lung station, an Orthopedic station, etc. At the end of the exam a physician with extensive training in sports medicine reviews each participant's form and clears the athlete for participation in high school athletics.

The pre-participation exam is uniquely designed to assure that students can safely participate in school sanctioned athletic programs, but is in no way a comprehensive wellness exam. Students are still encouraged to continue to undergo regular check-ups with their own family physician or pediatrician throughout their high school years. Parents also need to be aware that they have the option of having their own primary care provider perform the pre-participation physical in lieu of the group physicals performed at BSU.

The Central District Health Department also offers school/sports physicals students in the school districts in Ada County. Students entering middle school, junior high or senior high school can get the exams for \$56. Immunizations can be scheduled for an additional cost through the Immunization Clinic at CDHD. To schedule a school / sports physical appointment call 327-7400.

There have been several changes recently within Central District Health Department's Immunization Program. Despite the changes, we want to assure everyone the SHOT LINE is still up and running and is still the best resource for answering your immunizations questions immediately. To keep the SHOT LINE successful and productive always call 321-BABY (2229) directly.

SHOT LINE
321-BABY

If you have any questions regarding the SHOT LINE, please call Teresa Phillips, Program Manager, directly at 327-8518. Thank you for supporting the SHOT LINE.



CDHD.IDAHO.GOV

Whom To Contact:

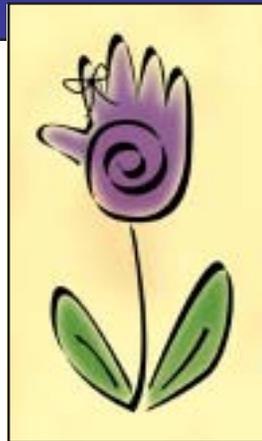
For medical questions about vaccines for children (VFC) (schedules, updates, vaccine storage and handling, etc. please contact:

Teresa Phillips, RN
Immunization Program Manager
327-8518
tphillip@cdhd.idaho.gov

For user support & training of IRIS; how IRIS can benefit your clinic practice or daycare; or to schedule a demonstration of IRIS, please contact:

Leanna Davis
Registry Provider Liaison
869-9118
ldavis@cdhd.idaho.gov

IRIS



A mass mailing was sent out to all child care providers in Ada, Boise, Elmore and Valley counties May 21, 2007 encouraging them to enroll in the program. If you are interested in participating in IRIS please complete the enrollment form and fax to 327-8518. If you have questions or need additional training, please call Leanna Davis at 327-8548.

Idaho's Immunization Reminder System (IRIS), is a free secure and confidential statewide immunization tracking system designed to help parents, healthcare providers, school nurses, and child care providers keep track of children's immunization records. The computerized system will contain up-to-date information about a child's immunization history. This information will be accessible only to physicians, health districts, schools or child care providers. By using IRIS, you will be able to check what immunizations are needed and at what age. Additional benefits of IRIS are:

- Free training
- Quick access to records
- All ages can be enrolled
- Automatically forecasts immunizations according to the ACIP schedule
- View records of children who may have moved into your school or daycare from other parts of the state or in some cases other states
- Aid in enrolling or registering children for school or daycare

KUDOS

GOODBYE CINDY!!! Cindy Howarth, RN, Immunization Program Manager has taken a new position at Central District Health Department as the Reproductive Health Program Manager, after many years of dedicated service in Immunizations. Cindy has long been an advocate for immunizations in Ada, Boise, Elmore, and Valley counties. Best wishes Cindy!

HELLO TERESA!!! Teresa Phillips, RN, is the new Immunization Program Manager. She may be contacted at 327-8518 or tphillip@cdhd.idaho.gov. Teresa joined CDHD in March of 2002 as an immunization nurse. After a few months she took on the challenge of Medical Provider Liaison. As the liaison Teresa worked closely with providers and staff in Ada, Boise, Elmore and Valley county educating and providing support in vaccine administration, storage and handling, immunization schedules, and education and support of IRIS. In 2003 Teresa went back to school at Boise State University and received her Associate of Science degree in Nursing in December of 2005. Also in 2005, Teresa created the SHOT LINE, an educational phone resource that can be accessed by medical providers, staff, child care providers, school nurses or anyone needing immediate assistance with immunization questions. The SHOT LINE has been presented at the National Immunization Conference in Atlanta, GA (2006) and Kansas City, KS (2007) in addition to the Northwest Immunization Conference in Portland, OR (2007). Teresa accepted the position of Immunization Program Manager at the end of January 2007.



Teresa Phillips

Focus On Immunizations

Rotavirus Update – The Advisory Committee on Immunization Practices (ACIP) recommends routine vaccination of U.S. infants with 3 doses of rotavirus vaccine administered orally at ages 2, 4 and 6 months. Vaccination should not be initiated for infants older than 12 weeks nor should vaccine be administered after 32 weeks of age.

2nd Dose Varicella & ProQuad – Due to a surge in ordering; ProQuad will not be available until early 2008.

Routine first dose (recommended for children 12-15 months of age) – As appropriate, use either ProQuad or the component vaccines, Varivax and MMR for the recommended routine first dose of Varicella as well as Measles, Mumps, and Rubella vaccine.

Routine second dose (recommended for children 4-6 years of age)

- At least 3 months should elapse between administration of 2 doses of Varicella – containing vaccine, such as ProQuad and/or Varivax; at least 1 month should elapse between administration of a dose of MMR and a dose of any live virus-containing vaccine.

Catch-up (recommended for individuals 7 years of age and older who did not previously receive 2 doses of Varicella-containing vaccine) – As appropriate use Varivax for catch-up Varicella vaccination.

HPV – The new human papillomavirus vaccine (HPV) is recommended by the ACIP on a three dose schedule with the second and third doses administered 2 and 6 months after the first dose. Routine vaccination with HPV is recommended for females aged 11-12 years; the vaccination can be started in females as young as 9 years; and a catch-up vaccination is recommended for females aged 13-26 years who have not been vaccinated previously or have not completed the full vaccine series.

All children who receive HPV must be screened for VFC eligibility and only those who are VFC eligible may receive the vaccine at this time.

Influenza vaccine update – If production of Influenza vaccine continues on-time, the Idaho Immunization Program (IIP) expects to have 4 influenza vaccine options available for the fall 2007/2008 influenza season. The brand options are the same as this past season and are explained below:

- **Fluzone** from Sanofi licensed for 6 months to 3 years of age. The supply of this vaccine is expected to be adequate to fill all orders from Idaho providers
- **Fluzone** from Sanofi licensed for use in children from 3 years of age and up. The IIP supply of this preservative-free presentation may be limited.
- **Fluzone** from Sanofi with preservative (thimerosal) licensed for 6 months and older. The IIP supply of this presentation may be limited.
- **Fluvirin** from Novartis licensed for children 4 years of age and up. The IIP supply of this presentation may be limited.
- **FluMist** from MedImmune (live vaccine) licensed for use in healthy children 5 years of age and older. Currently the supply of this vaccine is not limited. (See Note Below)

Note: In January of this year, the U.S. Food and Drug Administration (FDA) approved a refrigerated formulation of FluMist. In the 2007-2008 season, all FluMist will be stored in the refrigerator between 35 to 46°F. FluMist is intranasally delivered and this year will be supplied in a package of 10, 0.2 mL pre-filled single-use sprayers, the previous frozen version was supplied in a 0.5 mL sprayer. Additionally this vaccine will be shipped along with your other refrigerated vaccines instead of directly from MedImmune.

School Law Changes – On March 30, 2007 the Idaho State Legislature approved minor changes to the Immunization Requirements for Idaho School Children (IDAPA 16.02.15). Children enrolled in private or public preschools that are not licensed as a daycare facility are not longer subject to school immunization laws.

Children's Immunization Day

The National Infant Immunization Week celebration has become an annual tradition at Central District Health Department (CDHD) because of its success in raising awareness of the importance of childhood vaccinations and in recruiting new clients to the immunization program. In 2006 nearly 75% of the children under the age of 6 were seen at CDHD for the first time during Children's Immunization Day.

The theme of the event, "Vaccination: An Act of Love," reminds parents to love and protect their children by keeping them current with vaccinations.

This year CDHD celebrated National Infant Immunization week with another free immunization clinic on Saturday, April 28th. All children ages 2 months through 6 years were eligible for free vaccinations. From this age group 64% of the children were new clients to CDHD. Immunization staff immunized 132 children giving a total of 429 doses of vaccine. What a great success!

The immunization staff would like to thank the community partners who helped to make Children's Immunization Day a huge success:

- Local Rotary International Clubs
- St. Vincent DePaul
- Sysco Foods
- Idaho Dairy Council



CDC Satellite Broadcast on Immunizations

Upcoming Satellite Broadcast: The annual summer offering of Immunization Update 2007 is scheduled for August 9, 2007, 10:00 am – 12:30 pm here at Central District Health Department. This live satellite broadcast and webcast will provide up-to-date information on the rapidly changing field of immunization. Anticipated topics include influenza, rotavirus, varicella and zoster vaccines; and other emerging issues.

Target Audience: Physicians, nurses, nurse practitioners, physician assistants, DoD paraprofessionals, pharmacists, health educators and their colleagues who either administer vaccines or set policy for their offices, clinics, communicable disease, or infection control programs. Private and public healthcare providers, including pediatricians, family practice specialists, residents, and medical and nursing students are encouraged to register and participate. For more information and to register visit the cdc website at www2a.cdc.gov/phtn/immup-2007.

West Nile Virus Is No Joke!

“It never occurred to me to use mosquito repellent in my own backyard,” said Cathy Anderson of Boise. “And I wish I had because I wound up in the hospital with spinal meningitis.” Anderson missed more than a month of work.

Health officials across the state are sounding a warning so Idaho won’t again lead the nation in the number of West Nile cases. Last year nearly a thousand Idahoans were affected, and 23 died.

For about 80% of the people bitten by infected mosquitoes the symptoms are mild and may even go unnoticed. Perhaps 20% of infections will result in West Nile fever, which is characterized by fever, headache, body aches, swollen lymph nodes and occasionally a skin rash.



Cathy Anderson

Less than one percent of cases result in the most serious form, which can include a swelling of the brain and a host of associated problems: headaches, high fever, stupor, disorientation, coma, tremors, convulsions, muscle weakness, paralysis, and in rare cases, death.

The most vulnerable to West Nile infection are the elderly and those with compromised immune systems, but anyone can get it.



David Cole

David Cole, a 16-year-old three-sport letterman at Melba High School, fell ill last summer. “And then it just ate my muscle. I lost like 40 pounds in two weeks.” Cole missed the start of the school year and still isn’t playing the sports he loves.

The key to preventing West Nile infection is to avoid getting bitten by the mosquitoes carrying the disease. Common sense steps include:

- Protect yourself with DEET or other EPA-approved insect repellents.
- Wear long-sleeved shirts and long pants when outdoors between dusk and dawn when mosquitoes are most active.
- Water responsibly to reduce the possibility of creating puddles where mosquitoes might breed.
- Empty standing water on your property, like bird baths, empty pots and even clogged rain gutters.

More information is available online at www.westnile.idaho.gov, or by calling the West Nile hotline at 334-6500 or by contacting the Central District Health Department at 375-5211.





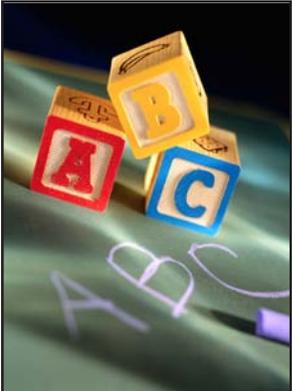
Central District Health Department
Immunizations
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Boise, ID 83704-0825

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Workshops for District 4 Childcare Providers

Childcare providers in Health District 4 (CDHD) can take advantage of the following workshops being offered this quarter:

- 7/11** Wednesday, 6:30 -8:30 p.m. “Growth and Development – Age Appropriate Activities”
- 7/16** Monday, 10:00 – 12:00 p.m. “Understanding Common Childhood Behavior Problems”
- 7/25** Wednesday, 6:30 – 8:30 p.m. “Autism Spectrum Disorders”
- 8/2** Thursday, 6:30 – 8:30 p.m. “Are You Ready? Childcare and Emergency Preparedness”
(Only for directors or owners)
- 8/14** Tuesday, 6:30 – 8:30 p.m. “Promoting Oral Health”
- 8/20** Monday, 10:00 – 12:00 p.m. “Sniffles and Sneezes Communicable Diseases”
- 8/28** Tuesday, 6:30 – 8:30 p.m. “Is Your Childcare Facility Safe?”
- 9/4** Tuesday, 6:30 – 8:30 p.m. “Helping Children Cope”
- 9/10** Monday, 10:00 – 12:00 p.m. “Building Blocks to Brain Development
- 9/11** Tuesday, 6:30 – 8:30 p.m. “Fresh Air for Little Noses”
- 9/13** Thursday, 6:30 – 8:30 pm “Appetites and Mealtimes”



Registration is required – District 4 only (Ada, Boise, Elmore, Valley Counties).
Registration begins one month prior to each class. To register call Lucille @ 327-8586.